

## September 2025 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Daily Chefs Specials	3 Daily Chefs Specials	11 Daily Chefs Specials	12 Daily Chefs Specials
	BREAKFAST Breakfast: Blueberry Pancake AM Snack: Rice Cake	BREAKFAST Breakfast: Cinnamon Oatmeal AM Snack: Cinnamon Bread	MORNING SNACK Breakfast: Greek Yogurt Parfit AM Snack: French Toast Half	MORNING SNACK Breakfast : Waffles w/ Apples AM Snack: Cheerios w/ Milk
Happy Holiday	LUNCH Chicken Fried Rice  ✓ Veggie Fried Rice Steamed Carrots Orange Wedges	LUNCH Hamburger Burger V Veggie Burger Garden Salad w/ Ranch Banana	LUNCH Turkey Taco  √Vegan Tacos Mixed Vegetables Yellow Rice Fresh Melon	LUNCH Chicken Patty  √ Vegan Patty  Mashed Potatoes Broccoli Orange Slices
	AFTERNOON SNACK 1/2 Turkey and Cheese Wrap Fresh Fruit	AFTERNOON SNACK Cinnamon Oat Loaf Apple Slices	AFTERNOON SNACK Grilled Pita Bread Pineapple Slices	AFTERNOON SNACK Sun Butter & Jelly Sandwich Cucumber Slices
8 Daily Chefs Specials	9 Daily Chefs Specials	10 Daily Chefs Specials	11 Daily Chefs Specials	12 Daily Chefs Specials
BREAKFAST Breakfast: Egg Biscuit AM Snack: Apple Cream of Wheat	BREAKFAST Breakfast: Waffle w/ Syrup AM Snack: Pineapple Muffin	BREAKFAST Breakfast: Cinnamon Oat Muffin AM Snack: Strawberries& Yogurt	MORNING SNACK Breakfast Biscuit w/ Jelly AM Snack: English Muffin	MORNING SNACK Breakfast: Egg Croissant AM Snack: Cornflakes w/ Milk
LUNCH  V Pasta Marinara  Green Beans  Soft Roll  Orange Wedges	LUNCH Meatball Sub Veggie Meatball Sub Steamed Carrots Watermelon	LUNCH Pancake w/ Syrup Vegan Sausage Sausage Breakfast Potatoes Banana	LUNCH Chicken, Broccoli, & Rice Bake (No Cheese) Veggie and Rice Bake Mixed Vegetables Fresh Melon	LUNCH Chicken Nuggets V Vegan Pizza Broccoli Orange Slices
AFTERNOON SNACK Graham Cracker Applesauce	AFTERNOON SNACK Sliced Banana Mini Muffin	AFTERNOON SNACK Wheat Crackers Baked Apple Slices	AFTERNOON SNACK Gogurt Pineapple	AFTERNOON SNACK Ritz Crackers Applesauce
15 Daily Chefs Specials	16 Daily Chefs Specials	17 Daily Chefs Specials	18 Daily Chefs Specials	19 Daily Chefs Specials
BREAKFAST Breakfast: Grits w/ Margarine AM Snack: Peach Muffin	BREAKFAST Breakfast: French Toast AM Snack: Pineapple Parfit	BREAKFAST Breakfast: Brown Sugar Oatmeal AM Snack: Blueberry Muffin	MORNING SNACK Breakfast: Apple Pancakes AM Snack: Banana Bread Loaf	MORNING SNACK Breakfast: Sausage Croissant AM Snack: Rice Krispies / Milk
LUNCH Chicken Nuggets w/ Ketchup Vegan Nuggets Green Beans Potato Wedges Orange Slices	LUNCH Penne Alfredo w/ Peas  Ziti Marinara Steamed Carrots Soft Roll Watermelon	LUNCH Turkey Sub (No Cheese)  V Sun Butter & Jelly Sandwich Garden Salad w/ Ranch Banana	LUNCH Teriyaki Noodles w/ Chicken √Veggie Noodle Casserole Broccoli Fresh Fruit	LUNCH BBQ Meatballs Vegan BBQ Meatballs Mixed Vegetables Mashed Potatoes Orange Slices
AFTERNOON SNACK Goldfish Applesauce	AFTERNOON SNACK Apple Muffin Cucumber Slices	AFTERNOON SNACK Animal Crackers Tropical Fruit	AFTERNOON SNACK Sun Butter & Jelly Sandwich Sliced Melon	AFTERNOON SNACK Wheat Crackers Applesauce
22 Daily Chefs Specials	23 Daily Chefs Specials	24 Daily Chefs Specials	25 Daily Chefs Specials	26 Daily Chefs Specials
MORNING SNACK Breakfast: Fried Egg w/ Toast AM Snack: Blueberry Oatmeal	MORNING SNACK Breakfast: Cinnamon Muffin AM Snack: Apple Slices "Yogurt	MORNING SNAC Breakfast : Brown Sugar Oatmeal AM Snack; Honey Biscuit	MORNING SNACK Breakfast: Pancake w/ Syrup AM Snack: Cinnamon Loaf	MORNING SNACK Breakfast: Blueberry Waffle AM Snack: Corn Flakes / Milk
LUNCH Breaded Chicken Sandwich  V Vegan Patty Green Beans Orange Slices	LUNCH  \( ' \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	LUNCH Chicken & Broccoli Stir-Fry  Veggie Stir-Fry Brown Rice Sliced Carrots Banana	LUNCH Beef Nachos  Bean Nachos Mixed Vegetables Orange Slices	LUNCH Fish Sticks  V Vegan Nuggets Corn w/ Peppers Mashed Potatoes Fresh Fruit
AFTERNOON SNACK Shredded Wheat Bits (no-lood) Applesauce	AFTERNOON SNACK Graham Crackers Peaches	AFTERNOON SNACK 1/2 Turkey Sandwich Sliced Fresh Fruit	AFTERNOON SNACK Banana Bread Bar Cantaloupe	AFTERNOON SNACK Blueberry Loaf Applesauce
29 Daily Chefs Specials	30 Daily Chefs Specials			
BREAKFAST Breakfast: French Toast Casserole AM Snack: Cinnamon Bread	BREAKFAST Breakfast: Egg & Bacon Wrap AM Snack: Blueberry Muffins			
LUNCH Three Cheese Quesadilla  V Vegan Quesadilla  Yellow Rice Fresh Melon Corn w/ Peppers	LUNCH Chicken Lo Mein  √ Veggie Lo Mein Broccoli Orange Slices			
AFTERNOON SNACK Graham Cracker Apple Slices	AFTERNOON SNACK Greek Yogurt w Peaches Cucumber Slices			

