

September 2024 Menu



SCHOOL NUTRITION SERVICES
A SOUTHWEST PARTNERS INC. COMPANY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>LABOR DAY</p>	<p>3 Daily Chefs Specials</p> <p>BREAKFAST Egg & Cheese Enchiladas Banana AM SNACK: English Muffin</p> <p>LUNCH Chicken Tuscan Pasta ✓ Pasta Marinara Broccoli Pears</p> <p>AFTERNOON SNACK Gogurt Cantaloupe</p>	<p>4 Daily Chefs Specials</p> <p>BREAKFAST Berry Oatmeal Apple Slices AM SNACK: Banana Bread</p> <p>LUNCH Cheeseburgers ON Bun / LTO ✓ Veggie Burger on Bun Sweet Potato Wedges Green Beans Orange Wedges</p> <p>AFTERNOON SNACK Cinnamon Palmers Applesauce</p>	<p>5 Daily Chefs Specials</p> <p>MORNING SNACK Sausage Egg & Cheese Casserole Fresh Fruit AM SNACK: Waffle</p> <p>LUNCH Harvest Mac & Cheese ✓ Pasta Marinara Garden Salad Honeydew </p> <p>AFTERNOON SNACK Sun Butter & Jelly Sandwich Celery Sticks</p>	<p>6 Daily Chefs Specials</p> <p>MORNING SNACK Cheese Quiche Banana AM SNACK: Honeycombs Cereal</p> <p>LUNCH Chicken Quesadilla ✓ Vegan Cheese Quesadilla Roasted Cauliflower Bites Tropical Fruit</p> <p>AFTERNOON SNACK Blueberry Muffin Pineapple</p>	
	<p>9 Daily Chefs Specials</p> <p>BREAKFAST Peach Oatmeal Peaches AM SNACK: Cinnamon Raisin Bread</p> <p>LUNCH Pancake ✓ Vegan Sausage Patty Sausage Patty Cheese Eggs Cantaloupe</p> <p>AFTERNOON SNACK Nilla Wafers Vanilla Pudding </p>	<p>10 Daily Chefs Specials</p> <p>BREAKFAST Blueberry Oat Muffin Banana AM SNACK: Pancake</p> <p>LUNCH Beef & Cheese Nachos ✓ Bean Nachos Broccoli Orange Wedges</p> <p>AFTERNOON SNACK Chex Mix Cucumber Slices</p>	<p>11 Daily Chefs Specials</p> <p>BREAKFAST Sausage Breakfast Pizza Apple Slices AM SNACK: Croissant</p> <p>LUNCH Turkey & Cheese Sandwich ✓ Sun Butter & Jelly Sandwich Pasta Salad Vegetable Straws</p> <p>AFTERNOON SNACK Cheez Its Gogurt</p>	<p>12 Daily Chefs Specials</p> <p>MORNING SNACK Waffle Fresh Fruit AM SNACK: Hashbrown</p> <p>LUNCH Chicken Parmesan Eggplant Parmesan ✓ Pasta Marinara Garden Salad Pineapples</p> <p>AFTERNOON SNACK Pretzels Applesauce</p>	<p>13 Daily Chefs Specials</p> <p>MORNING SNACK Cheerios/1% Milk Banana AM SNACK: Mini Bagel w/ Cream Cheese</p> <p>LUNCH Fish Sticks ✓ Vegan Fish Sticks Potato Wedges Mixed Vegetables Tropical Fruit</p> <p>AFTERNOON SNACK Cheese Stick Peaches</p>
	<p>16 Daily Chefs Specials</p> <p>MORNING SNACK Blueberry Pancake Fresh Fruit AM SNACK: Veggie Quiche</p> <p>LUNCH Chicken Alfredo ✓ Pasta Marinara Green Beans Soft Roll Orange Wedges</p> <p>AFTERNOON SNACK Sun Butter & Jelly Roll Celery Sticks</p>	<p>17 Daily Chefs Specials</p> <p>MORNING SNACK Apple Oatmeal Banana AM SNACK: English Muffin</p> <p>LUNCH Grilled Chicken Ranch Wrap ✓ Tofu Ranch Wrap Garden Salad Sliced Cucumber Honeydew</p> <p>AFTERNOON SNACK Cinnamon Bar Gogurt</p>	<p>18 Daily Chefs Specials</p> <p>MORNING SNACK Egg & Cheese Croissant Peaches AM SNACK: Belvita Breakfast Cookies</p> <p>LUNCH Cheeseburger on Bun / LTO ✓ Vegan Burger on Bun Potato Wedges Sliced Apples Peas & Carrots</p> <p>AFTERNOON SNACK Banana Pudding Animal Crackers</p>	<p>19 Daily Chefs Specials</p> <p>MORNING SNACK Biscuit & Gravy Pineapple AM SNACK: Blueberry Muffin</p> <p>LUNCH Chicken Nuggets ✓ Vegan Nuggets Mashed Potatoes Corn Cantaloupe</p> <p>AFTERNOON SNACK Graham Cracker Applesauce</p>	<p>20 Daily Chefs Specials</p> <p>MORNING SNACK Cheese Egg Square Banana AM SNACK: Cornflakes</p> <p>LUNCH Pizza on Bagel ✓ Vegan Cheese Pizza Mixed Vegetables Tropical Fruit</p> <p>AFTERNOON SNACK Goldfish Peaches</p>
<p>23 Daily Chefs Specials</p> <p>MORNING SNACK French Toast Peaches AM SNACK: Nutri Grain Bar</p> <p>LUNCH ✓ Spaghetti Marinara Soft Roll Broccoli Pineapple</p> <p>AFTERNOON SNACK Animal Crackers Cheese Stick</p>	<p>24 Daily Chefs Specials</p> <p>MORNING SNACK Blueberry Oatmeal Banana AM SNACK: Banana Muffin</p> <p>LUNCH Chicken Egg Roll ✓ Veggie Spring Roll Teriyaki Noodles Mixed Vegetables Oranges</p> <p>AFTERNOON SNACK Nilla Wafers Vanilla Pudding</p>	<p>25 Daily Chefs Specials</p> <p>MORNING SNACK Sausage Egg & Cheese Quesadilla Pineapples AM SNACK: Honey Biscuit</p> <p>LUNCH Turkey & Cheese Slider ✓ Sun Butter & Jelly Slider Pasta Salad Peas & Carrots Apple Slices</p> <p>AFTERNOON SNACK Chex Mix Sliced Cucumbers</p>	<p>26 Daily Chefs Specials</p> <p>MORNING SNACK Cinnamon Muffin Peaches AM SNACK: Hashbrown</p> <p>LUNCH Beef Taquito ✓ Vegetable Taquito Garden Salad Yellow Rice Cantaloupe</p> <p>AFTERNOON SNACK Pretzels Applesauce</p>	<p>27 Daily Chefs Specials</p> <p>MORNING SNACK Cheerios / Milk Banana AM SNACK: Cinnamon Raisin Bread</p> <p>LUNCH Breaded Chicken ✓ Vegan Patty Mashed Potatoes Green Beans Mixed Fruit</p> <p>AFTERNOON SNACK Ritz Crackers Sliced Apples</p>	
<p>30 Daily Chefs Specials</p> <p>MORNING SNACK Sausage Croissant Banana AM SNACK: Pancake</p> <p>LUNCH Baked Ziti ✓ Pasta Marinara Soft Roll Garden Salad Orange Wedge</p> <p>AFTERNOON SNACK Graham Crackers Applesauce</p>		<p>Mt. Elizabeth ★ ACADEMY ★</p>			