




SCHOOL NUTRITION SERVICES

# July 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p><b>Breakfast:</b> Apple Cinnamon Chex Banana</p> <p><b>AM Snack:</b> Cheese Grits</p> <p><b>LUNCH</b></p> <p>✓ Spaghetti Marinara Broccoli Soft Roll Watermelon</p> <p><b>AFTERNOON</b></p> <p>Cheese-it Cucumber Slices</p>	<p>2</p> <p><b>Breakfast:</b> Sausage Cheddar Egg English Muffin Strawberries</p> <p><b>AM Snack:</b> Vanilla Muffin</p> <p><b>LUNCH</b></p> <p>✓ Chicken Paella ✓ Vegetable Paella Mixed Greens Salad Diced Pineapples</p> <p><b>AFTERNOON</b></p> <p>Cinnamon &amp; Honey Baked Pita Apple Slices</p>	<p>3</p> <p><b>Breakfast:</b> Peach Oatmeal Banana</p> <p><b>AM Snack:</b> Mini Bagel</p> <p><b>LUNCH</b></p> <p>✓ Smoked Turkey Sub Sun Butter &amp; Jelly Sandwich Vegetable Straws Pasta Salad Fruit Cup</p> <p><b>AFTERNOON</b></p> <p>GoGurt Round Crackers</p>		
<p>8</p> <p><b>Breakfast:</b> Nutri Grain Bar Banana</p> <p><b>AM Snack:</b> Mini Pancakes</p> <p><b>LUNCH</b></p> <p>✓ Chicken Alfredo ✓ Pasta Marinara Broccoli Garlic Stick Honeydew</p> <p><b>AFTERNOON</b></p> <p>Animal Crackers Orange Wedge</p>	<p>9</p> <p><b>Breakfast:</b> Egg &amp; Cheese Biscuit Strawberries</p> <p><b>AM Snack:</b> Cinnamon Cream of Wheat</p> <p><b>LUNCH</b></p> <p>✓ Beef Taquitos ✓ Vegetable Taquitos Yellow Rice Garden Salad Cantaloupe</p> <p><b>AFTERNOON</b></p> <p>Pretzel Apple Slices</p>	<p>10</p> <p><b>Breakfast:</b> French Toast Watermelon</p> <p><b>AM Snack:</b> Blueberry Muffin</p> <p><b>LUNCH</b></p> <p>✓ Turkey &amp; Cheese Wrap ✓ Vegan Turkey Wrap Vegetable Straws Potato Salad Fruit Cup</p> <p><b>AFTERNOON</b></p> <p>Cheese Stick Banana</p>	<p>11</p> <p><b>Breakfast:</b> Veggie Quiche Sliced Peaches</p> <p><b>AM Snack:</b> Berry Oatmeal</p> <p><b>LUNCH</b></p> <p>✓ Chicken Nuggets ✓ Vegan Nuggets Roasted Sweet Potatoes Thinly Sliced Cucumbers Cinnamon Apples</p> <p><b>AFTERNOON</b></p> <p>Chex Mix Apple Sauce</p>	<p>12</p> <p><b>Breakfast:</b> WG Cornflake's Banana</p> <p><b>AM Snack:</b> Belvita Breakfast Biscuit</p> <p><b>LUNCH</b></p> <p>✓ Harvest Mac &amp; Cheese ✓ Pasta Marinara Green Beans Soft Roll Orange Wedges</p> <p><b>AFTERNOON</b></p> <p>½ Sun Butter &amp; Jelly Sandwich No Sugar Added Fruit Pop</p>
<p>15</p> <p><b>Breakfast:</b> Cinnamon Muffin Banana</p> <p><b>AM Snack:</b> Waffle</p> <p><b>LUNCH</b></p> <p>✓ Breaded Chicken Patty ✓ Vegan Chicken Patty Whipped Potatoes Broccoli Pineapple Titbits</p> <p><b>AFTERNOON</b></p> <p>Oat Cinnamon Bar Apple Sauce</p>	<p>16</p> <p><b>Breakfast:</b> Egg &amp; Cheese Croissant Orange Wedge</p> <p><b>AM Snack:</b> Mini Pancakes</p> <p><b>LUNCH</b></p> <p>✓ Beef &amp; Cheese Nachos ✓ Black Beans &amp; Vegetable Nachos Lettuce Salad w/ Tomatoes Fresh Orange Wedge</p> <p><b>AFTERNOON</b></p> <p>Graham Crackers Sliced Cucumbers</p>	<p>17</p> <p><b>Breakfast:</b> Blueberry Oatmeal Spiced Peaches</p> <p><b>AM Snack:</b> Mini Bagel</p> <p><b>LUNCH</b></p> <p>✓ Turkey &amp; Cheese on Bun ✓ Vegan Turkey on Bun Vegetable Straws Pasta Salad Fruit Cup</p> <p><b>AFTERNOON</b></p> <p>Blueberry Muffin Banana</p>	<p>18</p> <p><b>Breakfast:</b> Cheese Omelet Square Strawberries</p> <p><b>AM Snack:</b> English Muffin</p> <p><b>LUNCH</b></p> <p>✓ Chicken Eggroll ✓ Vegetable Eggroll Fried Rice Mixed Vegetables Diced Cantaloupe</p> <p><b>AFTERNOON</b></p> <p>GoGurt Apple Slices</p>	<p>19</p> <p><b>Breakfast:</b> Biscuit w/ Gravy Banana</p> <p><b>AM Snack:</b> Cheerios</p> <p><b>LUNCH</b></p> <p>✓ Cheese Pizza Rolls ✓ Vegetable Pizza Rolls Potato Wedges Steamed Carrots Orange Wedge</p> <p><b>AFTERNOON</b></p> <p>Goldfish No Sugar Added Fruit Pop</p>
<p>22</p> <p><b>Breakfast:</b> Mini Pancakes Banana</p> <p><b>AM Snack:</b> Cinnamon Square</p> <p><b>LUNCH</b></p> <p>✓ Chicken Teriyaki Noodles ✓ Vegetable Teriyaki Noodles Steamed Broccoli Orange Wedges</p> <p><b>AFTERNOON</b></p> <p>Graham Crackers Yogurt Smoothie</p>	<p>23</p> <p><b>Breakfast:</b> Turkey &amp; Cheese Biscuit Pineapple</p> <p><b>AM Snack:</b> Nutri Grain Bar</p> <p><b>LUNCH</b></p> <p>✓ Beef &amp; Cheese Burrito ✓ Bean Burrito Roasted Corn Pineapple Tibits</p> <p><b>AFTERNOON</b></p> <p>Cheese It Banana</p>	<p>24</p> <p><b>Breakfast:</b> French Toast Strawberry</p> <p><b>AM Snack:</b> Peach Oatmeal</p> <p><b>LUNCH</b></p> <p>✓ All American Turkey Deli Wrap ✓ Vegan Turkey Deli Wrap Vegetable Straws Macaroni Salad Fruit Cup</p> <p><b>AFTERNOON</b></p> <p>No Nut Banana Bread Sliced Cucumbers</p>	<p>25</p> <p><b>Breakfast:</b> Vegetable Egg Scramble Cinnamon Apples</p> <p><b>AM Snack:</b> Croissant</p> <p><b>LUNCH</b></p> <p>✓ Chicken Nuggets ✓ Vegan Nuggets Peas &amp; Carrots Mashed Potatoes Orange Wedges</p> <p><b>AFTERNOON</b></p> <p>Animal Crackers Apple Sauce</p>	<p><b>SCHOOL CLOSED</b></p>

Dairy Free & Vegan Options Available for Each Meal

