

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
 <p>Mt. Elizabeth ★ ACADEMY ★</p>		<p>1 Daily Chefs Specials</p> <p>BREAKFAST Mini Bagel Banana AM SNACK: Cinnamon Bread</p> <p>LUNCH Fish Sticks ✓ <i>Vegan Soy Sticks</i> Coleslaw Green Beans Sliced Melon</p> <p>AFTERNOON SNACK Gogurt Graham Crackers</p>	<p>2 Daily Chefs Specials</p> <p>BREAKFAST Grits Pineapple AM SNACK: Hashbrown</p> <p>LUNCH Chicken Nuggets ✓ <i>Vegan Nuggets</i> Glazed Carrots Potato Wedges Oranges</p> <p>AFTERNOON SNACK Cheez Its Applesauce</p>	<p>3 Daily Chefs Specials</p> <p>BREAKFAST Mini Pancakes Banana AM SNACK: Vanilla Muffin</p> <p>LUNCH Cheese Pizza ✓ <i>Vegan Cheese Pizza</i> Mixed Vegetables Watermelon</p> <p>AFTERNOON SNACK Fruit Bars (Ice Pop) Crackers</p>	
	<p>6 Daily Chefs Specials</p> <p>BREAKFAST Cinnamon Crunch w/ Milk Banana AM SNACK: Nutri Grain Bar</p> <p>LUNCH Turkey Pastaroni ✓ <i>Pasta Marinara</i> Bread Broccoli Orange Wedge</p> <p>AFTERNOON SNACK Animal Crackers Applesauce</p>	<p>7 Daily Chefs Specials</p> <p>BREAKFAST Cream of Wheat Strawberries AM SNACK: Waffle</p> <p>LUNCH Bean & Cheese Burrito ✓ <i>Vegetable Taco</i> Yellow Rice Garden Salad Pineapple</p> <p>AFTERNOON SNACK Cinnamon Bar Apple Slices</p>	<p>8 Daily Chefs Specials</p> <p>BREAKFAST  Blueberry Muffin Banana AM SNACK: Croissant</p> <p>LUNCH BBQ Sloppy Joe on Bun ✓ <i>Vegan Sloppy Joe</i> Green Beans Sliced Melon</p> <p>AFTERNOON SNACK Fig Bar Tropical Fruit</p>	<p>9 Daily Chefs Specials</p> <p>BREAKFAST Egg Bites Pineapple AM SNACK: Biscuit</p> <p>LUNCH Chicken Egg Rolls ✓ <i>Vegetable Egg Rolls</i> Teriyaki Noodles Steamed Carrots Oranges</p> <p>AFTERNOON SNACK Goldfish Crackers Sliced Peaches</p>	<p>10 Daily Chefs Specials</p> <p>BREAKFAST Mini Pancakes Banana AM SNACK: Oatmeal</p> <p>LUNCH French Bread Pizza ✓ <i>Vegan Cheese Pizza</i> Mixed Vegetables Watermelon</p> <p>AFTERNOON SNACK Fruit Bars (Ice Pop) Crackers</p>
	<p>13 Daily Chefs Specials</p> <p>BREAKFAST Cheerios w/ Milk Banana AM SNACK: Mini Bagel</p> <p>LUNCH ✓ <i>Spaghetti Marinara</i> Bread Broccoli Orange Wedges</p> <p>AFTERNOON SNACK Cheez Its Sliced Cucumbers</p>	<p>14 Daily Chefs Specials</p> <p>BREAKFAST Cinnamon Oatmeal Strawberries AM SNACK: Raisin Bread</p> <p>LUNCH Chicken Empanada ✓ <i>Veggie Empanada</i> Salad w/ Ranch Yellow Rice Pineapple</p> <p>AFTERNOON SNACK Graham Crackers Apple Slices</p>	<p>15 Daily Chefs Specials</p> <p>BREAKFAST Banana Muffin Banana AM SNACK: English Muffin</p> <p>LUNCH Hamburger on Bun ✓ <i>Vegan Patty on Bun</i> Green Beans Sliced Melon</p> <p>AFTERNOON SNACK Gogurt Cracker Rounds</p>	<p>16 Daily Chefs Specials</p> <p>BREAKFAST Turkey & Cheese Croissant Diced Pineapple AM SNACK: Cheese Grits</p> <p>LUNCH Teriyaki Chicken Lo Mein ✓ <i>Vegetable Teriyaki Noodles</i> Carrots Oranges</p> <p>AFTERNOON SNACK Sun Butter & Jelly Roll Tropical Fruit</p>	<p>17 Daily Chefs Specials</p> <p>BREAKFAST Mini Pancakes Banana AM SNACK: Oat Muffin</p> <p>LUNCH French Bread Pizza ✓ <i>Vegan Cheese Pizza</i> Mixed Vegetables Watermelon</p> <p>AFTERNOON SNACK Fruit Bars (Ice Pop) Graham Crackers</p>
<p>20 Daily Chefs Specials</p> <p>BREAKFAST Rice Krispies Cereal w/ Milk Banana AM SNACK: Croissant</p> <p>LUNCH Fettuccini Alfredo ✓ <i>Fettuccini Marinara</i> Bread Broccoli Orange Wedge</p> <p>AFTERNOON SNACK Goldfish Sliced Cucumber</p>	<p>21 Daily Chefs Specials</p> <p>BREAKFAST Cream of Wheat Sliced Strawberries AM SNACK: Waffle</p> <p>LUNCH Turkey Soft Taco ✓ <i>Veggie Taco</i> Garden Salad Yellow Rice Pineapple</p> <p>AFTERNOON SNACK Fig Bar Sliced Peaches</p>	<p>22 Daily Chefs Specials</p> <p>BREAKFAST Apple Muffin Banana AM SNACK: Nutri Grain Bar</p> <p>LUNCH Chicken Fingers ✓ <i>Soy Tenders</i> Green Beans Mashed Potatoes Sliced Melon</p> <p>AFTERNOON SNACK Animal Crackers Applesauce</p>	<p>23 Daily Chefs Specials</p> <p>BREAKFAST Cheese Quiche Pineapple AM SNACK: Biscuit</p> <p>LUNCH Chicken Fried Rice ✓ <i>Vegetable Fried Rice</i> Spring Roll Steamed Carrots Oranges</p> <p>AFTERNOON SNACK Nutri Grain Bar Apple Slices</p>	<p>24 Daily Chefs Specials</p> <p>BREAKFAST Mini Pancakes Banana AM SNACK: Blueberry Muffin</p> <p>LUNCH Turkey & Cheese on Bun ✓ <i>Vegan Turkey on Bun</i> Mixed Vegetables Watermelon</p> <p>AFTERNOON SNACK Fruit Bars (Ice Pop) Crackers</p>	
<p>27 Daily Chefs Special</p> <p>BREAKFAST Cornflakes w/ Milk Banana AM SNACK: English Muffin</p> <p>LUNCH ✓ <i>Penne Marinara</i> Broccoli Bread Orange Wedges</p> <p>AFTERNOON SNACK Nilla Wafers Vanilla Pudding</p> 	<p>28 Daily Chefs Specials</p> <p>BREAKFAST Cheese Grits Strawberries AM SNACK: Mini Bagel</p> <p>LUNCH Turkey & Cheese Nachos ✓ <i>Vegan Turkey Nachos</i> Garden Salad Pineapple</p> <p>AFTERNOON SNACK Cheese Crackers Sliced Peaches</p>	<p>29 Daily Chefs Specials</p> <p>BREAKFAST Cinnamon Muffin Banana AM SNACK: Belvita Breakfast Biscuits</p> <p>LUNCH Breaded Chicken on Bun ✓ <i>Vegan Patty on Bun</i> Green Beans Sliced Melon</p> <p>AFTERNOON SNACK Gogurt Graham Crackers</p>	<p>30 Daily Chefs Specials</p> <p>BREAKFAST Egg Bites Pineapple AM SNACK: Cinnamon Bread</p> <p>LUNCH Teriyaki Chicken ✓ <i>Vegan Chicken</i> White Rice Steamed Carrots Apple Slices</p> <p>AFTERNOON SNACK Sun Butter & Jelly Roll Oranges</p>	<p>31 Daily Chefs Specials</p> <p>BREAKFAST Turkey Sausage & Grits Banana AM SNACK: Oatmeal</p> <p>LUNCH BBQ Meatball Sub ✓ <i>Vegan Meatball Sub</i> Mixed Vegetables Watermelon</p> <p>AFTERNOON SNACK Pretzels Tropical Fruit</p>	