



Menu A

Weeks 1&3

Monday

**Breakfast: Pancakes*, Peaches, Milk

Lunch: **Chicken Sandwich**, Bread*, Green Beans, Pears, Milk

Snack: Cheese squares, Saltine Crackers*, Water

Tuesday

**Breakfast: Toasted O's*, Banana Slices, Milk

Lunch: **Cheese Ravioli**, Bread*, Peas, Applesauce, Milk

Snack: Banana Slices*, Ritz Crackers, Water

Wednesday

**Breakfast: French Toast Stix*, Pears, Milk

Lunch: **Fish Nuggets**, Bread*, Green beans, Peaches, Milk

Snack: Cheese squares, Nilla Wafers, Water

Thursday

**Breakfast: Grits & Eggs*, Applesauce, Milk

Lunch: **BBQ Meatballs** and Egg Noodles*, Carrot Coins, Mandarin Oranges, Milk

Snack: Applesauce, Animal Crackers*, Water

Friday

**Breakfast: Rice Krispies*, Peaches, Milk

Lunch: **Turkey Roll-Ups***, Mixed Vegetables, Pineapple, Milk

Snack: Animal Crackers, Yogurt, Water

*Whole grains

** Breakfast is \$15 per week

Vegetarian meal will be providing a protein substitute: vegetable patties, bean nuggets, Cheese roll-ups
Non-dairy will be providing a non-dairy substitute



Menu B

Weeks 2&4

Monday

****Breakfast:** Biscuits & Turkey Sausage*, Peaches, Milk
Lunch: Chicken Nuggets, Bread*, Green Beans, Pears, Milk
Snack: Cheese Squares, Animal Crackers, Water

Tuesday

****Breakfast:** Pancakes*, Banana Slices, Milk
Lunch: Mac & Cheese, Bread*, Peas, Applesauce, Milk
Snack: Bagels & Cream Cheese Water

Wednesday

****Breakfast:** Oatmeal, Peaches, Milk
Lunch: BBQ Chicken, Bread*, Green beans, Peaches, Milk
Snack: Yogurt Cups, Saltine Crackers*, Water

Thursday

****Breakfast:** French Toast sticks*, Applesauce, Milk
Lunch: Ham & Cheese Roll Ups*, Carrot Coins, Mandarin Oranges, Milk
Snack: Applesauce, Graham Crackers*, Water

Friday

****Breakfast:** Rice Krispies*, Peaches, Milk
Lunch: Cheese Pizza*, Mixed Vegetables, Pineapple, Milk
Snack: Cheese-It Crackers*, Water

*Whole grains

** Breakfast is \$15 per week

Vegetarian meal will be providing a protein substitute: vegetable patties, bean nuggets, Cheese roll-ups
Non-dairy will be providing a non-dairy substitute